APPRENTICESHIP MINNESOTA

JOURNEYWORKER MENTORSHIP COHORT

Paid training opportunity for journeyworkers

Journeyworkers are essential to the success of an apprentice and play a key role in preparing apprentices not just for the job, but for their career. This is why Apprenticeship Minnesota is investing in journeyworkers' development by offering a **four-part Journeyworker Mentorship Cohort**.

WHAT IS IT?

Being a quality mentor takes more than giving feedback on performance. In these sessions, journeyworkers will learn tangible skills about how to build trust, create a psychologically safe environment, adjusting to an apprentice's learning style, and overall, how to improve the mentorship process and experience for both mentor and mentee.

WHEN IS IT?

Sessions will begin October 2026.

- **Sessions one and four** will be in-person at the Minnesota Department of Labor and Industry in St. Paul on Oct. 20 and Nov. 10, from 2 to 4 p.m.
- **Sessions two and three** will be conducted virtually on Oct. 27 and Nov. 4, from 2 to 4 p.m.

WHAT ABOUT THE PAID PART?

Journeyworkers who complete all four sessions will receive a $1,000 incentive for their participation and completion. No partial incentive for those who miss a session or fail to complete exercises.

HOW DO I REGISTER?

Register by sending an email with your name, work email and program name to vicky.castorena@state.mn.us. You will then receive four calendar invites, one for each session.

QUESTIONS?

Contact vicky.castorena@state.mn.us.