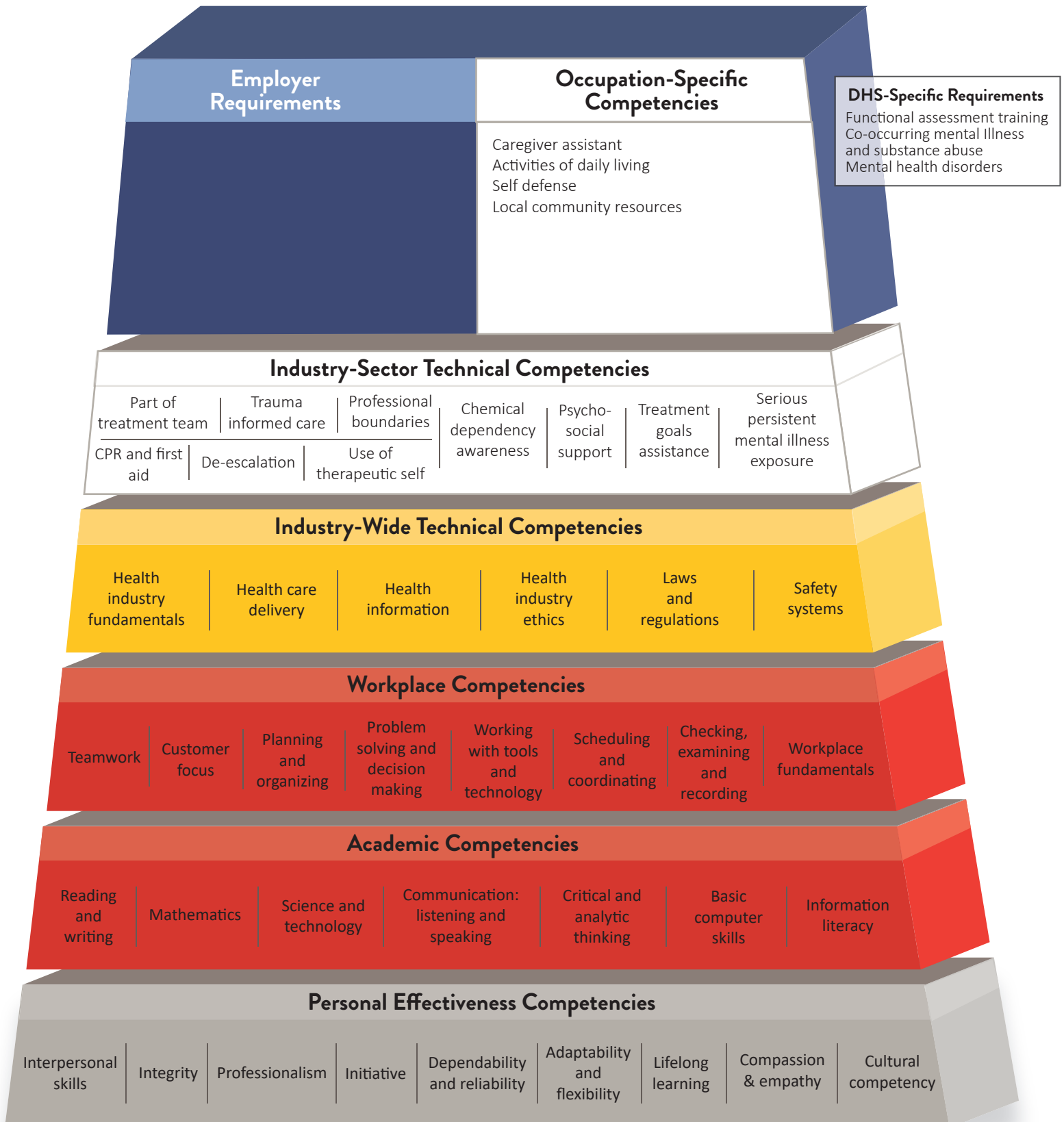


Minnesota Dual-Training Pipeline

Competency Model for Health Care Services

Occupation: Psychiatric/Mental Health Technician Out-Patient



Based on: Health: Allied Health Competency Model Employment and Training Administration, United States Department of Labor, December 2011.

*Pipeline recommends the Industry-Sector Technical Competencies as formal training opportunities (provided through related instruction) and the Occupation-Specific Competencies as on-the-job training opportunities.



Psychiatric/Mental Health Technician Out-Patient - A cross trained employee in areas of caring for patients with mental health issues in an ambulatory setting.

Industry-Sector Technical Competencies

- Part of Treatment Team – Understand how to function as part of a team of care providers including doctors, nurses, and counselors.
- Trauma Informed Care - Knowledge about how trauma impacts the physical, mental, behavioral, social, and spiritual areas for the patient and how to align care with the unique circumstances of the patient.
- De-Escalation – Training in how to use various de-escalation techniques when dealing with an agitated patient.
- Professional Boundaries - Understand what professional boundaries are and identify poor ones. Learn how to create healthy boundaries from the very beginning of the relationship.
- Therapeutic Self Use – Trained in the technique to use oneself in such a way that the technician becomes an effective tool in the evaluation and intervention process.
- Chemical Dependency Awareness – Knowledge about chemical dependency and the impact to a patient’s mental health.
- Psycho-Social Support – Training in the various types of non-therapeutic intervention and how to effectively use them for patients’ treatment.
- Treatment Goals Assistance – Knowledge of methods the technician can help a patient meet their treatment goals.
- Persistent Mental Illness Exposure – An understanding of mental illnesses with complex symptoms requiring ongoing treatment and management and how to work with patients with this type of diagnosis.
- CPR and First Aid – Training in First Aid and CPR certification.

Occupation-Specific Competencies

- Caregiver Assistant – Provide assistance to caregivers as needed with patient treatment.
- Activities of Daily Living – Ability to instruct patient and participate in activities required to manage day to day living.
- Self-Defense – As needed, demonstrate proper self-defense techniques to protect one’s self in volatile situations.
- Local Community Resources – Awareness of various resources within the community which may provide support to patient and their caregivers.

DHS Specific Requirements

- Functional Assessment Training – Show proper assessment techniques to ascertain the purpose or reason for behaviors displayed by individuals with mental health issues.
- Co-occurring Mental Illness and Substance Abuse – Use appropriate methods for integrated treatment to address mental and substance use conditions at the same time.
- Mental Health Disorders – Demonstrate knowledge of mental health disorders and the manifestation of symptoms in mental health patients.

Psychiatric/Mental Health Technician Out-Patient Occupational Competency Training Plan

Related Instruction means an organized and systematic form of instruction designed to provide the apprentice with the knowledge of the theoretical and technical subjects related to the apprentice's trade of occupation, or industrial courses or, when of equivalent value, by correspondence, electronic media, or other forms or self-study approved by the commissioner.

	Course	Course Description	Credit/Non-Credit	Hours Spent on Competency
	CPR and First Aid			
	Chemical Dependency Awareness			
	Psycho-Social Support			
	Part of Treatment Team			
	Treatment Goal Assistance			
	Trauma Informed Care			
	Therapeutic Self Use			
	Persistent Mental Illness Exposure			
	Professional Boundaries			
	De-Escalation			

On-The-Job Training is the work experience and instruction. Training experience need not be in the exact order as listed below.

	Trainer/Instructor	Name of person responsible for verifying competency mastery	Hours spent on competency
Caregivers Assistant			
Activities of Daily Living			
Local Community Resources			
Self Defense			
<i>DHS Specific Competencies</i>			
Functional Assessment Training			
Co-occurring Mental Illness and Substance Abuse			
Mental Health Disorders			
Local Community Resources			