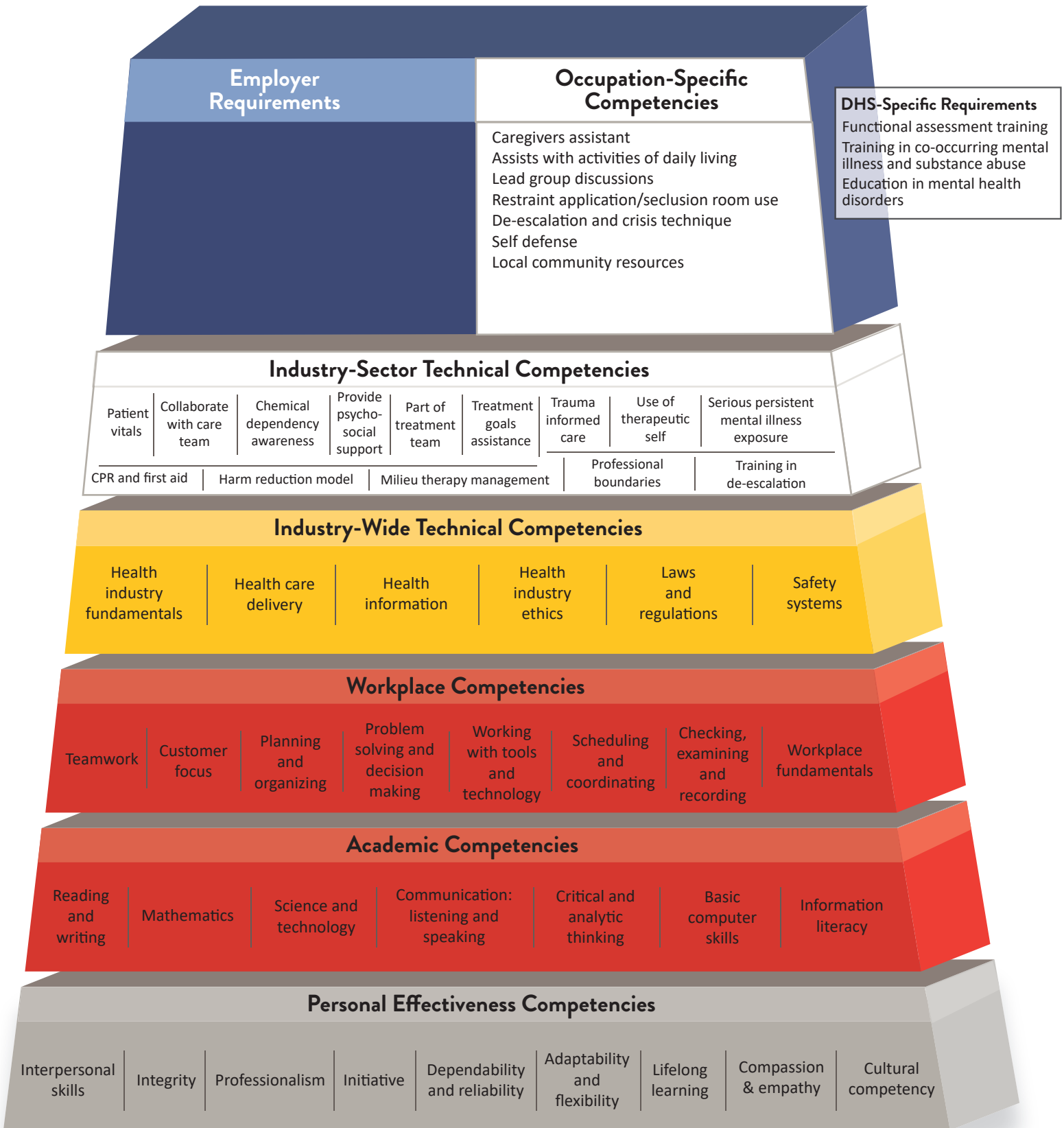


Minnesota Dual-Training Pipeline

Competency Model for Health Care Services

Occupation: Psychiatric/Mental Health Technician In-Patient



Based on: Health: Allied Health Competency Model Employment and Training Administration, United States Department of Labor, December 2011.

*Pipeline recommends the Industry-Sector Technical Competencies as formal training opportunities (provided through related instruction) and the Occupation-Specific Competencies as on-the-job training opportunities.



Competency Model for Health Care Services

Psychiatric/Mental Health Technician In-Patient

A cross-trained employee in areas of caring for patients with mental health issues in an in-patient setting.

Industry-Sector Technical Competencies

- Part of Treatment Team – Understand how to function as part of a team of care providers including doctors, nurses, and counselors.
- Collaborate with Care Team – Understanding on how to work within a care team environment and effectively collaborate with colleagues for appropriate patient care.
- Trauma Informed Care - Knowledge about how trauma impacts the physical, mental, behavioral, social, and spiritual areas for the patient and how to align care with the unique circumstances of the patient.
- De-Escalation – Training in how to use various de-escalation techniques when dealing with an agitated patient.
- Professional Boundaries - Understand what professional boundaries are and identify poor ones. Learn how to create healthy boundaries from the very beginning of the relationship.
- Therapeutic Self Use – Trained in the technique to use oneself in such a way that the technician becomes an effective tool in the evaluation and intervention process.
- Chemical Dependency Awareness – Knowledge and experience with patients with chemical dependency and the impact to a patient’s mental health.
- Psycho-Social Support – Training in the various types of non-therapeutic intervention and how to effectively use them for patients’ treatment.
- Treatment Goals Assistance – Knowledge of methods the technician can help a patient meet their treatment goals.
- Serious Persistent Mental Illness Exposure – Either formal training or informal experience with mental illnesses with complex symptoms requiring ongoing treatment and management and how to work with patients with this type of diagnosis.
- CPR and First Aid – Training in First Aid and CPR certification.
- Harm Reduction Model – Understanding of the treatment method using client-therapist collaboration that combines substance abuse treatment with psychotherapy.

- Millieu Therapy Management – Training in creating an environment in which all aspects of the patient’s treatment are considered therapeutic.
- Patient Vitals – Training in the proper way to collect and record vital information.

Occupation-Specific Competencies

- Caregiver Assistant – Provide assistance to caregivers as needed with patient treatment.
- Assists with Activities of Daily Living – Ability to instruct patient and participate in activities required to manage with day to day living.
- Lead Group Discussions – Lead group discussions as part of treatment programs.
- Restraint Application/Seclusion Room Use – Able to recognize when to apply necessary restraints on patients and properly use seclusion rooms.
- Self-Defense – As needed, demonstrate proper self-defense techniques to protect one’s self in volatile situations.
- De-Escalation and Crisis Technique – Use various de-escalation and crisis management techniques when dealing with an agitated patient.
- Local Community Resources – Awareness of various resources within the community which may provide support to patient and their caregivers.

DHS Specific Requirements

- Functional Assessment Training – Show proper assessment techniques to ascertain the purpose or reason for behaviors displayed by individuals with mental health issues.
- Training in Co-occurring Mental Illness and Substance Abuse – Use appropriate methods for integrated treatment to address mental and substance use conditions at the same time.
- Education in Mental Health Disorders – Demonstrate knowledge of mental health disorders and the manifestation of symptoms in mental health patients.

Psychiatric/Mental Health Technician In-Patient Occupational Training Plan

	List Course/Training Name and Title	Description of Courses and/or Training Program	List Responsible Provider: Company, College, Trainer, or other	Anticipated Completion Date
<i>Related Instruction Competencies</i>				
Patient Vitals				
CPR and First Aid				
Collaborate with Care Team				
Chemical Dependency Awareness				
Psycho-Social Support				
Part of Treatment Team				
Treatment Goals Assistance				
Trauma Informed Care				
Use of Therapeutic Self				
Serious/Persistent Mental Illness Exposure				
Harm Reduction Model				
Milieu Therapy Management				
Professional Boundaries				

Training in De-Escalation				
<i>On-The-Job Training Competencies</i>				
Caregiver Assistant				
Assists with Activities of Daily Living				
Lead Group Discussions				
Restraint Application/Seclusion Room Use				
De-escalation and Crisis Technique				
Self Defense				
Local Community Resources				
<i>DHS Specific Competencies</i>				
Functional Assessment Training				
Training in Co-occurring Mental Illness and Substance Abuse				
Education in Mental Health Disorders				