To use this worksheet you must know the date of injury, number of adjustments, and original compensation rate. Find the date of injury in the first column and then multiply the original compensation rate by the number found in the number of adjustments column. For example: date of injury = 12/1/1995 and original compensation rate = $175.00. The adjusted compensation rate as of 12/1/2005 would be $175.00 x 1.14868 = $201.02. This sheet is only to aid in making adjustments to the compensation rate. It is not exact in all cases, but is very close. The actual compensation rate should be determined by the long method: compensation rate x adjustment x adjustment etc.
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