

## Medical Services Review Board

Oct. 10, 2013

Minutes

### Members present

Ernest Lampe, M.D.  
Brennan McAlpin  
Matthew Monsein, M.D.  
Michael Goertz, M.D.  
Jody Ruppert, OTR/L  
James Samuelson

### Member alternates present

Kimberly Olson, R.N.  
Margaret Spartz, M.D.  
Cally Theisen, MD  
Aysel Atli, MD

### Visitors present

Dawn Carlson, Almeida Public Affairs  
Leanna Cooper-Modradis, ILBNC, P.A.  
Eric Dick, MMA  
Marisa Huel, MAPS  
Susan Giguere, MAPS  
Tara Mulloy, HP  
Anna Thompson, Medtronic  
John Knapp, Winthrop & Weinstine

### Members absent

Jeffrey Bonsell, D.C., Chair  
Russell Gelfman, M.D.  
Kathi Henrickson, R.N.  
Reed Pollack  
Andrew Schmidt, M.D.  
Beth Baker, M.D.  
Gregory J. Hynan, D.C.  
Brian Konowalchuk, M.D.  
Dan Wolfe, P.T., G.D.M.T.

### Staff members present

Sandra Barnes  
Kate Berger  
Francisco Gonzalez  
Chris Leifeld  
Phil Moosbrugger  
Jessica Stimac  
Lisa Wichterman

### Call to order and introductions

The meeting of the Medical Services Review Board (MSRB) was called to order at 4:20 p.m. by vice-chairman Dr. Michael Goertz. A quorum was met.

### Approval of the minutes

The minutes the April 18, 2013, meeting were presented for approval. Dr. Margaret Spartz moved to approve them. Kim Olson seconded the motion. The board voted unanimously to approve the April 18, 2013 minutes.

### Meeting agenda

Spartz moved to approve the agenda; Olson seconded the motion. The board unanimously approved.

### Announcements and update – Deputy Commissioner Kris Eiden

- The updated medical fee schedule became effective Oct. 1.
- Staff members are working on collecting and analyzing data for the medical cost reimbursement study.
- DLI Patient Advocate Francisco Gonzales was introduced. He explained his role as patient advocate, specifically that he provides education and information about spinal fusions to injured workers.

## **Business**

Elections were held.

- Dr. Jeffrey Bonsell self-nominated to remain chairman. The board voted all in favor.
- Goertz self-nominated to remain vice-chairman. The board voted all in favor.

## **Rulemaking update – Kate Berger and Dr. Bill Lohman**

MSRB/RRP joint rules, Chapter 5217, are complete. A copy of the new rules was provided.

## **Draft rules for chronic pain management dated Oct. 10, 2013 – Dr. Bill Lohman**

The board agreed to suspend the rules and consider each proposed change as a motion made and seconded.

- Indicate these rules do not apply to intrathecal use of opioids: approved.
- Change the reference to “chronic pain medicine specialist” to “pain medicine specialist”: approved.
- Add the Diagnosis, Intractability, Risk, Efficacy (DIRE) Scale to the list of examples of opioid risk-assessment tools: approved.
- Require the health care provider to disclose the results of the opioid risk-assessment to the patient: approved.
- Require referral of high-risk patients for a second opinion to a pain medicine specialist or addiction medicine specialist prior to starting long-term opiates: approved.
- Require urine drug-testing twice a year for high-risk patients: approved.
- Require review of the patient’s prescription history in the Minnesota Prescription Monitoring Program at every visit for high-risk patients: approved.
- Require high-risk patients be seen every month for the first six months and then every three months thereafter: approved.
- Require that a forensic urine drug-test confirm the results of a screening urine drug-test before taking any action: approved.
- Add a definition of “forensic drug-test”: approved.

Lohman reviewed a letter dated Sept. 24, 2013, from the Minnesota Senate members concerned that several agency and medical groups are working on guidelines for opioid management of chronic pain and the possibility of "patchwork" guidelines. A meeting has been scheduled for Nov. 6; Bonsell will represent the MSRB and Lisa Wichterman will represent the Department of Labor and Industry.

## **Agenda items for the next meeting – Dr. Bill Lohman and the board**

- Complete opioid draft rules

## **2014 meeting schedule**

Meetings will be on the third Thursday in January, April and July, and on the second Thursday in October. The board voted to approve these dates.

## **Adjournment – Dr. Margaret Spartz and the board**

Spartz moved to adjourn the meeting; Olson seconded the motion. The meeting was adjourned.

*The next meeting is Jan. 16, 2014.*