



Construction Safety Seminar



Why mental wellbeing and suicide prevention are leadership issues in construction

Free online discussion • 7 to 9 a.m. • Nov. 17, 2020

About this Construction Seminar

Even before COVID-19, construction and society had a mental health, substance misuse and suicide problem. The unprecedented uncertainty of COVID-19 created major stress, anxiety, fear and worries among workers and their families. Overdoses have risen in more than 40 states since the start of the pandemic. This session focuses on **why** these topics are a leadership imperative for leaders at all levels in the construction industry. Learn what you can do to help promote mental wellbeing and reduce risk of substance misuse and suicide in your company and the industry.

Learning objectives

- Illustrate why mental health and suicide prevention are workplace issues
- Demonstrate how to break the stigma of mental health and suicide
- Identify the industry and demographic risk factors that lead to suicide
- Recognize the resources for employers to address these topics with employees and families



Presenter Cal Beyer

The Construction Seminar series is a great opportunity to get answers directly from Minnesota OSHA Compliance, citation-free. The seminars are designed to help those who work in the construction industry to re-energize their company's safety and health practices. Attendees have the opportunity to ask questions and offer input during the discussion.

Presenter

- **Cal Beyer**, vice president, Workforce Risk and Worker Wellbeing CSDZ, a Holmes Murphy Company – Beyer has more than 30 years of experience in construction safety, health and risk management. He is a certified wellness practitioner (CWP) and a safety certified transportation project professional (SCTPP). He has worked for a contractor in Washington, Oregon and Idaho with manufacturing and construction operations from 2014 to 2020. He launched the construction industry suicide prevention movement and has served with the National Action Alliance for Suicide Prevention since 2010: co-chair Workplace Task Force (2015 to 2017); executive committee since 2016.

Location

Online at <https://minnesota.webex.com/minnesota/onstage/g.php?MTID=e326b6637a56de3d04cdaed65bbf68d08>.



If you require special accommodation, call MNOSHA Training/Outreach at 651-284-5375 or 877-470-6742.



Construction Safety Seminars 2020/2021 season



- Sept. 22, 2020 – Cranes in construction
- Nov. 17, 2020 – Why mental wellbeing and suicide prevention are leadership issues in construction
- Jan. 19, 2021 – To be determined
- March 16, 2021 – To be determined
- May 18, 2021 – To be determined

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