



Risk Rewarded



**Mental Health, Substance Misuse and Suicide Prevention Resources
Minnesota OSHA Compliance Construction Safety Webinar
November 17, 2020**

Construction Industry Alliance for Suicide Prevention: Downloadable Resources

- **Posters, Toolbox Talks, Integration Checklist, etc.**
- www.preventconstructionsuicide.org

Center for Workplace Mental Health – Case Study from Lakeside Industries

- <http://workplacementalhealth.org/Case-Studies/Lakeside-Industries>

2-Minute Video: Suicide Prevention & Opioids in Construction (July 2020)

- Washington Department of Labor & Industries
- <https://www.youtube.com/watch?v=empsWzqpQaE&feature=share>

Articles featured by the Construction Users Roundtable (CURT) in The VOICE

- **4Q 2020 Cover Story on Mental Health**
 - <http://flip.matrixgroupinc.net/curt/2020/issue04/#page=1>
- **3Q 2020 Feature on Suicide Prevention**
 - <http://flip.matrixgroupinc.net/curt/2020/issue03/#page=22>

Articles in *Building Profits* (Construction Financial Management Association)

- **Mental Health and Wellbeing in Construction (Sept/Oct 2020)**
https://s3.amazonaws.com/rdcms-cfma/files/production/public/SO20_46.pdf
- **Leading a Company in the Aftermath of a Loss by Suicide (Nov/Dec 2019)**
https://preventconstructionsuicide.starchapter.com/images/downloads/Integration_Resources/leading_a_company_in_the_aftermath_of_a_suicide_loss_cfma_building_profits_nov_dec_2019.pdf

Joyages -- Free Suicide Prevention Videos

- 9 videos between 2.5 to 4 minutes in length
- www.Joyages.com/construction

Man Therapy (uses humor to break stigma):

- www.mantherapy.org

Kevin Hines Story

- 5 min video: I Jumped off Golden Gate Bridge & Survived: <https://youtu.be/WcSUs9iZv-g>
- Website: <http://www.kevinhinesstory.com/>

Substance Misuse Articles:

1. **AGG's Constructor**
Risk of Relapse for Alcohol and Substance Abuse During And After Covid-19
https://www.constructor-digital.com/ngcs/0520_september_october_2020/MobilePagedArticle.action?articleId=1621040&app=false#articleId1621040
2. **ABC Construction Executive**
The Elephant in the Room: Tackling Alcohol and Substance Use in Construction
<https://www.constructionexec.com/article/the-elephant-in-the-room-tackling-alcohol-and-substance-use-in-construction>
3. **Construction Business Owner**
6 Steps to Prevent Substance Misuse in Your Workforce
<https://www.constructionbusinessowner.com/workforce-management/6-steps-prevent-substance-misuse-your-workforce>

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